

		Rapid City Club for Boys			
		Main Gym			
Monday	Tuesday	Wednesday	Thursday	Friday	
				1	2
					
5		6	7	8	9
9:00 -- Free Play 1:30 -- 5 V 5	3:30 -- Free Play	3:30 -- Free Play	3:30 -- Free Play	9:00 - Free Play 2:00 - 5 V 5	
10:00 -- Wall Ball 3:00 -- 21	4:00 -- Dodgeball	4:00 -- 5 vs 5	4:00 -- Flag Football (8-12)	10:00 - Flag Catcher 3:00 - 21	
11:00 -- Dodgeball 4:00 - Free Play	5:00 -- Free Play	5:45 -- Crazy Basketball	5:45 -- Team Elim DB	11:00 - Dodgeball 4:00- Free Play	
12:00 - Free Play	6:00 -- 5 VS 5	6:30 -- Super Thunder	6:30 -- Mat Ball	12:00 - Free Play	
1:00 -- contest	7:15 -- Free Play	7:15 -- Free Play	7:15 -- Free Play	1:00 - Contest	
12	13	14	15	16	
3:30 -- Free Play	3:30 -- Free Play	3:30 -- Free Play	3:30 -- Free Play	3:30 -- Free Play	
4:00 -- Run The Gauntlet	4:00 -- Dodge ball	4:00 -- 5 vs 5	4:00 -- Flag Football (8-12)	4:00 -- Flag Football 12+	
5:00 -- Free Play	5:00 -- Free Play	5:00 -- Free Play	5:00 -- Free Play	5:45 -- Smash Ball	
6:00-- 5v5	6:00 -- 3v3v3	6:00 -- Contest	6:30 -- Crazy Basketball	6:30 -- BOA Pick	
7:00 -- Free Play	7:00 -- Free Play	7:15 -- Free Play	7:15 -- Free Play	7:15 -- Free Play	
19	20	21	22	23	
9:00 - Free Play 2:00- 5 Vs 5	9:00- Free Play 2:00- 3v3v3	3:30 -- Free Play	3:30 -- Free Play	3:30 -- Free Play	
10:00 - Wall Ball 3:00- 21	10:00- Flag Catcher 3:00- thunder	4:00 -- 5 vs 5	4:00 -- Flag Football (8-12)	4:00 -- Flag Football 12+	
11:00- 3 Step 4:00- Free Play	11:00- Dodgeball 4:00- Free Play	5:00 Free Play	5:45 -- King Pin	5:00 -- Free Play	
12:00- Free Play	12:00- Free Play	6:00 -- Hockey	6:30 -- Flicker Ball	6:00 -- Dr Dodgeball	
1:00- Contest	1:00- Contest	7:15 -- Free Play	7:15 -- Free Play	7:00 -- Free Play	
26	27	28	29	30	
3:30 -- Free Play	3:30 -- Free Play	3:30 -- Free Play			
4:00 -- 5 vs 5	4:00 -- 3v3v3	4:00 -- 5 vs 5			
5:45 -- Crazy Basketball	5:45 -- Team Elim DB	5:45 -- 4 Team Dodgeball			
6:30 -- Super Thunder	6:30 -- Silent Ball	6:30 -- Lightning			
7:15 -- Free Play	7:15 -- Free Play	7:15 -- Free Play			
*Schedule WILL change. i.e. free play and other activities will be replaced with other games.					
Older boys after hours 8PM - 11PM January 9th, 16th, 23rd					