

		Rapid City Club for Boys				
		Main Gym				
		November				
Monday	Tuesday	Wednesday	Thursday	Friday		
				1		
3	4	5	6	7		
	3:30 -- Free Play 4:00 -- 3v3v3 5:30 -- 6:30 --  7:30 -- 	3:30 -- Free Play 4:00 -- 5 VS 5 5:30 -- 6:30 --  7:30 --	3:30 -- Free Play 4:00 -- Flag Football (8-12) 5:30 -- 6:30 --  7:30 -- 	3:30 -- Free Play 4:00 -- 5 VS 5 5:30 -- 6:30 --  7:30 -- 		
	10	11	12	13	14	
3:30 -- Free Play 4:00 -- 5 VS 5 5:30 -- 6:30 --  7:15 -- 		3:30 -- Free Play 4:00 -- 5 VS 5 5:30 -- 6:30 --  7:15 -- 	3:30 -- Free Play 4:00 -- Flag Football (8-12) 5:30 -- 6:30 --  7:30 -- 	3:30 -- Free Play 4:00 -- Flag Football 12+ 5:30 -- Smash Ball 6:30 -- BOA Pick 7:15 -- Free Play		
		17	18	19	20	21
3:30 -- Free Play 4:00 -- 5 VS 5 5:30 -- 6:30 --  7:15 -- 		3:30 -- Free Play 4:00 -- 3v3v3 5:30 -- 6:30 --  7:15 --	3:30 -- Free Play 4:00 -- Flag Football (12+) 5:30 -- 6:30 --  7:15 --	3:30 -- Free Play 4:00 -- 5 VS 5 5:30 -- 4 Teams DB 6:30 -- Wall Ball 7:15 -- Free Play	3:30 -- Free Play 4:00 -- Flag Football 12+ 5:30 -- Run the Gauntlet 6:30 -- 21 7:15 -- Free Play	
	24	25	26	27	28	
9:00 -- Free Play 1:30 -- 5 VS 5 10:00 -- Wall Ball 3:00 -- Lightning 11:00 -- 4 Team DB 4:00 -- Free Play 12:00 -- Free Play 12:30 -- Contest	9:00 -- Free Play 1:00 -- 3V3V3 10:00 -- Catch N Go 2:30 -- 21 11:00 -- Dr DB 3:30 -- thunder 12:00 -- Free Play 4:00 -- Free Play 12:30 -- Contest	9:00 -- Free Play 2:00 -- Flag football 10:00 -- 500 3:00 -- Super Lightning 11:00 -- Crzy BBall 4:00 -- Free Play 12:00 -- Free Play 12:30 -- 5 VS 5	    			
*Schedule WILL change. i.e. free play and other activities will be replaced with other games. Older boys after hours TBD						